

DAILY DEVOTIONAL PRAYERS

For Guidance & Anxiety



When Words Fail, These Prayers Speak to God



Prayers for Guidance & Anxiety



- † 1. Prayer for Guidance
- † 2. Morning Anxiety
- † 3. Decision Making
- † 4. Inner Peace
- † 5. Overthinking
- † 6. Clarity of Mind
- † 7. Confidence
- † 8. Depression
- † 9. Forgiveness
- † 10. Wisdom



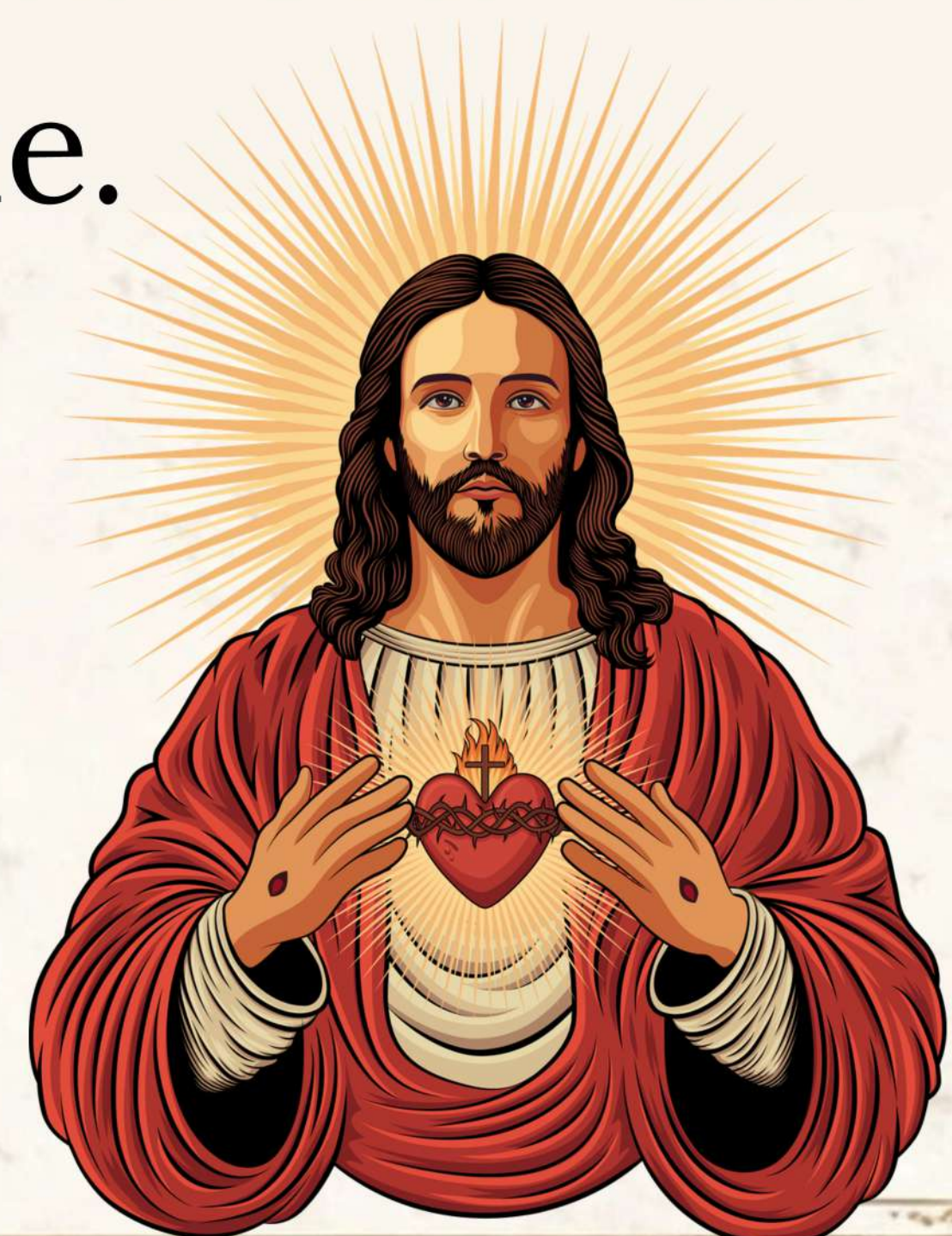
1. MORNING PRAYER

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Heavenly Father,

I come before You with a humble heart, seeking Your wisdom and guidance. You know the path that lies ahead of me even when I cannot see it. Help me trust that Your plans are always greater than my own and that Your love never leads me astray.

Lord Jesus Christ, be the light that directs my steps today. When I face difficult decisions, help me choose what is pleasing to You. When I feel uncertain or afraid, remind me that You walk beside me and will never leave me.



Keep my heart focused on Your voice
instead of the distractions of this world.

Holy Spirit, fill me with discernment,
patience, and peace. Open my eyes to the
opportunities You provide and close every
door that is not according to Your holy will.
Give me the courage to follow wherever You
lead, even when the journey requires faith.

Blessed Virgin Mary, guide me closer to
Your Son. Holy Angels and Saints, pray for
me and protect me as I seek God's will in
every part of my life..

Through Christ our Lord. Amen.



2. ANXIETY PRAYER

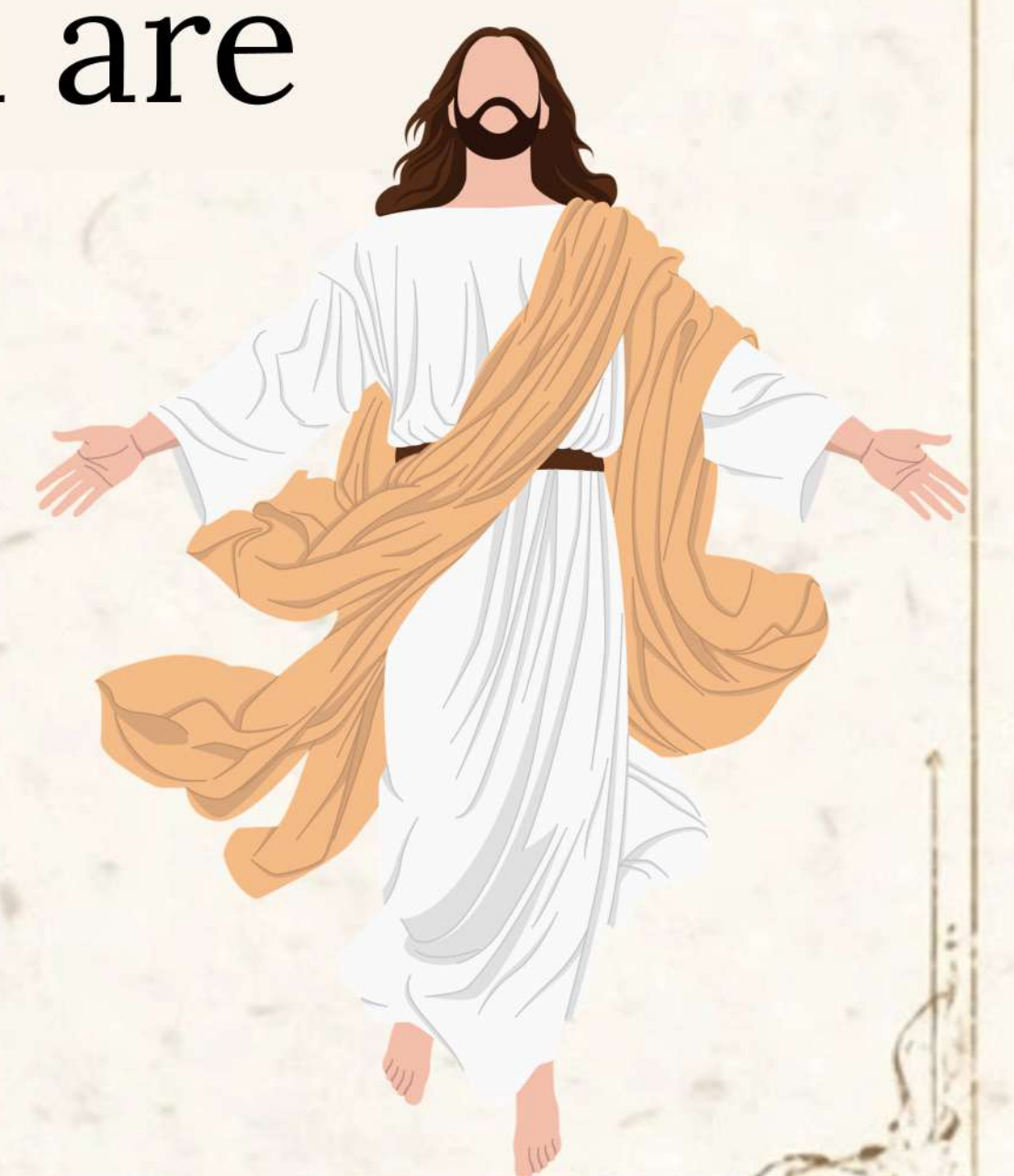
In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

Heavenly Father,

As this new day begins, I place every
anxious thought into Your loving hands.

Before my worries have a chance to grow, I
choose to trust in Your promises. Thank You
for watching over me through the night and
for giving me the gift of another morning
filled with Your mercy and grace.

Lord Jesus Christ, calm my heart and quiet
my restless mind. When fear tries to
overwhelm me, remind me that You are
near.



Replace every anxious thought with the peace that only You can give. Help me remember that I do not face this day alone, for You walk beside me with unfailing love.

Holy Spirit, fill me with courage, hope, and confidence. Help me focus on today's blessings instead of tomorrow's uncertainties. Teach me to surrender every burden to the Father, knowing that He cares deeply for me and provides everything I truly need.

Bless my family, protect my home, and guide me safely throughout this day. Let Your peace guard my heart, Your wisdom direct my decisions, and Your joy become my strength.

Through Christ our Lord. Amen.



3. DECISION MAKING

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

Heavenly Father,

Today I come before You seeking Your
guidance in every decision I must make. You
know my heart, my hopes, and the path You
have prepared for me. I ask You to help me
choose what is right, pleasing, and faithful
to Your holy will

Lord Jesus Christ, be my Shepherd and lead
me in the way of truth. When I am
uncertain, give me clarity. When I am
tempted to rely only on my own
understanding, remind me to trust
completely in You.



